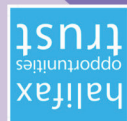




What's On?  
Autumn/Winter  
Term 2025

Central Halifax  
Family Hubs



## October Half Term

Come and join us this half term and enjoy our 'Spookyfest' themed play!

Wednesday 29<sup>th</sup> October 1:15 pm – 2:45 pm  
Todmorden College Hall, Burnley Road, OL14 7BX

Thursday 30<sup>th</sup> October 1:15 pm – 2:45 pm  
Little Stars Family Hub, Parkinson Lane, Halifax, HX1 3XL



For more information call:  
01422 252022 or  
01706 399970

Lots of spooky themed activities such as – spooky arts and crafts, gory messy play and games for families with children aged 0 – 8 years old.

Children (and parents) are welcome to come in fancy dress!

No need to book - just turn up!

Spooky face painting will be available at some events with a small charge of 50p



## Ready, Steady Nursery



Ready Steady Nursery provides support and encouragement so your child can reach all of these goals in a happy and engaging atmosphere in preparation for them starting nursery/pre-school.

- Is your child aged 2 – 3 years and due to start nursery/pre-school?
- Does your child need support going to the toilet, dressing themselves, sitting and listening to a story?
- Do they need assistance with a knife and fork, or do they struggle to share and turn take?

Sessions will run:  
Little Stars Family Hub  
Monday 10<sup>th</sup> November – 15<sup>th</sup> December  
1:00 – 2:30 PM

Please call:  
01422 252022  
for enquiries and  
to book your place



## Sensory Play for Babies with Breastfeeding Support

Sensory play is incredibly beneficial for babies' development, as it engages the senses and supports growth in several key areas, including language, cognitive, and social development. Plus, it is great fun!

So come along and join us in a relaxed and friendly environment for some sensory fun, where you can also access information around getting breastfeeding off to a good start, socialise, and have a chat with other breastfeeding families. There will also be an opportunity to access any support and advice that you may need from our experienced peer supporters.

Jubilee Family Hub - Tuesdays - 12 – 1:30 pm  
Boothtown Family Hub - Wednesdays - 10:00 – 11:30 am



## Family FUN Time

Saturday 13<sup>th</sup> September, 10 am – 12 noon @ Little Stars Family Hub  
Saturday 4<sup>th</sup> October, 10 am – 12 noon @ Todmorden Health Centre  
Saturday 15<sup>th</sup> November, 10 am – 12 noon @ Little Stars Family Hub  
Saturday 13<sup>th</sup> December, 10 am – 12 noon @ Boothtown Family Hub

Come and join us for lots of free fun activities for all the family. There will be creative activities, messy play, games, music and much more. Dads and male carers are welcome. Suitable for families with children age 0-8 years old.

All children must be accompanied by an adult. For more information please call Little Stars Family Hub 01422 252022 or Todmorden on 01706 399970.



## Ready, Steady Baby!

Relaxed and welcoming atmosphere

An opportunity to meet other expectant parents for a chat and a coffee

How to bath and dress baby

Grandparents and Dad's welcome

How to put on a nappy

Feeding tips and advice

This group will provide hands on interactive sessions for first time pregnant parents.

Jubilee Family Hub, Lightowler Road, Halifax  
Every Tuesday (term time only)  
1:00 pm – 2:30 pm

Free monthly raffle with some amazing baby prizes to be won!



Family Hubs

## Could You be a parent champion?

We are recruiting Parent Champions for our Family Hubs in Central Halifax, Boothtown, Siddal, Sowerby Bridge and Upper Valley,

For more information please contact Kausar Shahid, Community Advancement Manager on 01422 342552



Jubilee Family Hub, Lightowler Road, Halifax HX1 5NB  
Tel: 01422 342552 Website: [www.halifaxopportunitiestrust.org.uk](http://www.halifaxopportunitiestrust.org.uk)

children & families

## Circle of Security Courses for parents



Circle of Security is a free course for parents and caregivers of children aged 4 months to 6 years. Based on extensive research, it focuses on understanding children's behavior and emotions, enhancing development and self-esteem, managing emotions, and strengthening bonds. This course is ideal for those facing parenting challenges, or those simply wanting to learn and improve already strong relationships.















Our courses takes place over 8 short 1.5hour sessions. Complimentary creche facilities are available in some of our locations.

Sign up today to take part in Circle of Security at your local Family Hub!





# Central Halifax Family Hubs Autumn/Winter Wall Planner 2025

Group Descriptions	Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Group Descriptions
<p><b>Baby Group (0-24 months):</b> A weekly supportive group with lots of fun activities to support baby's development.</p> <p><b>Family Fun Times:</b> Free and fun activities for all the family! Suitable for families with children aged 0-8 years old. Creative activities, messy play, games, music and more!</p> <p><b>Breastfeeding Groups (online and face-to-face):</b> For advice and support with breastfeeding in a relaxed setting with experienced peer supporters.</p> <p><b>Friends Group:</b> Join us and other parents, while your child is looked after by Early Years experts, and learn mental well-being, stress and anxiety reduction strategies, mindfulness and more. <b>To find out more and book your place please call: 01422 434971</b></p> <p><b>Latch Clinic:</b> The Latch Clinic has been set up to offer support If you are struggling to latch your baby for a breastfeed, you are experiencing pain, or wondering if you have enough breast milk. Appointments are face-to-face and on a one-to-one basis.</p> <p><b>Stay and Play (0-5 yrs):</b> A rolling programme of fun-filled activity sessions for families, includes messy play, free play and singing time.</p> <p><b>* This group will not run during school holidays</b></p>	<p><b>Jubilee</b> Lightowler Road, Halifax, HX1 5NB 01422 342552</p> 	<p><b>Family Support Book-In</b> 9:00 am – 1:00 pm Appointment only</p> <p><b>Stay and Play *</b> 1:30 pm - 3:00 pm Just come along, no need to book (term time only)</p> 	<p><b>Baby Group</b> 9:30 am - 11:00 am Just come along, no need to book</p> <p><b>Breastfeeding Group</b> 12 noon - 1:30 pm Just come along, no need to book</p> <p><b>Support Along the Spectrum</b> Tuesday 9<sup>TH</sup> September to 7<sup>TH</sup> October 6:00 pm – 7:00 pm</p> 	<p><b>Friends Group</b> 3rd September (settling in creche) 9:30 am– 10:30 am then each week until 8<sup>TH</sup> October 9:30 am– 11:30 am</p> <p><b>Family Support Book-in with Czech language support</b> 1:00 pm - 5:00 pm Appointment Only</p> <p><b>Strengthening Families, Strengthening Communities</b> 17<sup>TH</sup> Sept - 17<sup>TH</sup> Dec 9:30 am – 12:30 pm No creche provided</p>	<p><b>Well Baby Drop-in Clinic</b> 9:30 am - 11:30 am (Last entry 11:30 am) Baby weighing, advice, support</p> <p><b>Latch Clinic</b> To book an appointment call Locala on 03003045076</p>	<p><b>Stay and Play*</b> 9:30 am - 11:00 am Just come along, no need to book (term time only)</p> 	<p><b>Baby Clinic:</b> Meet your health visitor for baby weighing or to discuss your baby's health. Appointment only. <b>Please call Locala on: 0300 3045076.</b></p> <p><b>Family Support Book-in:</b> You can make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-Ins are held, face to face at the hubs, via appointment only. <b>To book call 01422 434971.</b></p> <p><b>Circle of Security Parenting Course</b> For parents and caregivers of children aged 4 months to 6 years. Based on extensive research, it focuses on understanding children's behavior and emotions, enhancing development and self-esteem, managing emotions, and strengthening bonds.</p> <p><b>Fun4Youths:</b> A weekly (term time only) youth group for children aged 7 - 11 years, To find out more please call Farzana Kousar on 01422 252022 or email <a href="mailto:farzana.kousar@regen.org.uk">farzana.kousar@regen.org.uk</a> for a referral form.</p>
	<p><b>Boothtown</b> Rawson Street North, Boothtown, HX3 6PU 01422 250365</p> 			<p><b>Baby Clinic</b> 9:30 am - 12 pm Appointment only. <b>ALTERNATIVE WEEKS</b></p> <p><b>Breastfeeding Group</b> 10:00 am - 11:30 am Just come along, no need to book</p> <p><b>Support Along the Spectrum</b> 10<sup>TH</sup> Sept 1:00 pm – 2:00 pm (Settling in creche) then each week until 5<sup>th</sup> Nov, 1:00 pm - 3:00 pm</p>	<p><b>Stay and Play*</b> 9:15 am - 10:45 am Just come along, no need to book (term time only)</p> <p><b>Family Support Book-in</b> 10:00 am - 2:00 pm Appointment only</p>	<p><b>Baby Group</b> 1:00 pm - 2:30 pm Just come along, no need to book</p> 	<p><b>For Midwife appointments and non-urgent enquiries/first point of contact/newly pregnant call 01484 355754 between 9 am – 5 pm Monday – Friday.</b></p> <p><b>To register your pregnancy please visit:</b> <a href="http://www.mypregnancynotes.com">www.mypregnancynotes.com</a></p> <p><b>To contact the Health Visiting Team, call 0300 3045076</b></p>
	<p><b>Siddal</b> Backhold Lane, Siddal, HX3 9DL 01422 291464</p> 			<p><b>Baby Clinic</b> 12:30 pm - 3:00 pm Appointment only Please call Locala on 03003045076 <b>ALTERNATIVE WEEKS</b></p>	<p><b>Baby and Toddler Group *</b> 9:30 am - 11:00 am Open to children aged 0 - 5 years Just come along, no need to book</p> 		
	<p><b>Little Stars</b> Parkinson Lane, Halifax, HX1 3XL 01422 252022</p>	<p><b>Family Support Book-in</b> 1:00 pm - 5:00 pm Appointment only</p> <p><b>Circle of Security Parenting</b> 1<sup>ST</sup> September 12:30 pm – 1:30 pm (settling in creche) then each week until 3<sup>rd</sup> November 12:30 pm – 2:30 pm</p>	<p><b>Baby Clinic</b> 1:00 pm – 3:00 pm Appointment only Call Locala 0300 3045 076</p> <p><b>Well Baby Drop-in</b> 9:30 am - 11:30 am (Last entry 11.30 am)</p>	<p><b>Stay and Play*</b> 1:30 pm - 3:00 pm Just come along, no need to book (term time only)</p> <p><b>Fun4Youths Youth Group</b> 4:00 pm – 6:00 pm (term time only) Please see the group description</p> <p><b>Support Along the Spectrum</b> Delivered in Punjabi/Urdu 10<sup>TH</sup> Sept 10:00 am – 11:00 am (settling in creche) then each week until 5<sup>TH</sup> Nov 10:00 am – 12:00 pm</p>		<p><b>Saturday</b></p> <p><b>Family Fun Time</b> Alternate Venues See flyer overleaf 2nd Saturday of every month 10:00 am - 12 noon (0 - 8 years)</p>	