

trust xeliled



Tuesday

Wednesday

Thursday

Summer Holiday Activities

Around the World Theme

Week 1 Egypt

Peoples Park,

Halifax, HX1 2HH

29th July

1:15 pm - 2:45 pm

Centre Vale Park,

30th July

10:30 am - 12 noon

Siddal Rugby Club,

Halifax, HX3 9AX

31st July

including craft, sensory and messy play activities

1.15 pm -2.45pm

Lots of FREE fun for families with children aged 0 - 8 years old

For more information call us on 01422 252022 or 01706 399970.

Week 2 Australia

Calder Holmes Park,

lebden Bridge, HX7 6HJ

5th August

10.30 am - 12 noon

Crow Wood Park,

6th August

10.30 am - 12 noon

Akroyd Park,

Boothtown, HX3 6HS

7th August

10.30 am - 12 noon

owerby Bridge HX6 2SJ

Week 3 Turkey

Peoples Park,

Halifax, HX1 2HF

12th August

1:15 pm - 2:45 pm

Centre Vale Park,

13th August

1:15 pm - 2:45 pm

14th August

1:15 pm - 2:45 pm

odmorden, OL14 7BS

Week 4 Italy

Calder Holmes Park, Hebden Bridge, HX7 6HJ

19th August

10:30 am - 12 noon

Crow Wood Park, Sowerby Bridge HX6 2SJ

20th August 10:30 am - 12 noon

Akroyd Park, Boothtown, HX3 6HS

> 21st August 10:30 am - 12 noon

Face painting will be available at some events with a small charge of 50p per child





Family FUN Time

Todmorden College Hall - 7th June - 10 am - 12 noon The Outback Garden, Lightowler Rd - 21st June - 1 pm - 3 pm Todmorden College Hall - 13th July - 10 am - 12 noon Little Stars Family Hub - 13th September - 10 am - 12 noon

Come and join us for lots of free fun activities for all the family. There will be creative activities, messy play, games, music and much more. Dads and male carers are welcome. Suitable for families with children age 0-8 years old.

All children must be accompanied by an adult. For more information please call Little Stars Family Hub 01422 252022 or Todmorden on 01706 399970.





Breastfeeding

Come along and join us in a relaxed and friendly environment where you can access information around getting breastfeeding off to a good start, or maybe just to socialise and have a general chat with other breastfeeding families. There will also be an opportunity to access any support and advice that you may need from our experienced peer supporters.

Tuesday 12:00noon - 1:30pm @ Jubilee Family Hub, Lightowler Road, HX1 5NB Wednesday 10:00am -11:30am @ Boothtown, Rawson Street North, HX3 6PU Thursday 10:00am -12:00noon @ 2nd Floor Todmorden's Health Centre, Lower George Street, Todmorden, OL14 5RN

Friday 1:00pm -2:00pm via Zoom - Call 01706 399970 to be sent a link

trust

Visit: calderdalefamilyhubs.org.uk www.halifaxopportunitiestrust.org.uk



Ready Steady Nursery provides support and encouragement so your child can reach all of these goals in a happy and engaging atmosphere in preparation for them starting nursery/pre-school.

- Is your child aged 2 3 years and due to start nursery/pre-school?
- · Does your child need support going to the toilet, dressing themselves, sitting
- · Do they need assistance with a knife and fork, or do they struggle to share and turn take?

Monday 9th June - Monday 14th July 2025

Please call: 01422 252022 for enquiries and to book your place



Family Hubs

Could You be a parent champion?

We are recruiting Parent Champions for our Family Hubs in Central Halifax, Boothtown, Siddal, Sowerby Bridge and Upper Valley,

For more information please contact Kausar Shahid,









Spring Bank Holiday

Come and join us this Spring Bank and enjoy our 'Construction' themed play!





Wednesday 28th May, 1 pm - 2:30 pm Centre Vale Park, Todmorden, OL14 7BS

Thursday 29th May, 1 pm - 2.30 pm People's Park, Halifax, HX1 2HH

Lots of fun, FREE and exciting craft, messy and physical activities for families with children aged 0 - 8 years old No need to book - just turn up!

For more information call: 01422 252022 or 01706 399970





Central Halifax Family Hubs Summer Wall Planner 2025



Group Descriptions

Baby Group (0-24 months):

A weekly supportive group with lots of fun activities to support baby's development.

Family Group: Free and fun activities for all the family! Suitable for families with children aged 0-8 years old. Creative activities, messy play, games, music and more!

Breastfeeding Groups (online and face-to-face): For advice and support with breastfeeding in a relaxed setting with experienced peer supporters.

Friends Group: Join us and other parents, while your child is looked after by Early Years experts, and learn mental wellbeing, stress and anxiety reduction strategies, mindfulness and more. To find out more and book your place please call: 01422 434971

Latch Clinic: The Latch Clinic has been set up to offer support If you are struggling to latch your baby for a breastfeed, you are experiencing pain, or wondering if you have enough breast milk. Appointments are face-to-face and on a one-to-one basis.

Stay and Play (0-5 yrs): A rolling programme of fun-filled activity sessions for families, includes messy play, free play and singing time.

Well Baby Drop-in

Please drop in for baby weighing, advice and support. Call Locala 03003045076

Hub

lubilee



Boothtown

HX3 6PU

(

Siddal

Backhold Lane

A

Little Stars

Parkinson Lane

Stay and Play

1:30 pm - 3:00 pm Just come along, no need to book (term time only)

Monday

Family Support Book-In

9:00 am - 1:00 pm

Appointment only

Tuesday

Baby Group

9:30 am - 11:00 am Just come along, no need to book

Breastfeeding Group

12 noon - 1:30 pm Just come along, no need to book

Evening Baby Massage Course

6:00 pm - 7:00 pm 6th, 13th & 20th May Call 01422 342552 to book

Circle of Security

9:00 am - 11:00 am

Course begins Tuesday 27th May

weekly until Tuesday 22nd July

SETTLING IN CRECHE -

Tuesday 27th May

9:30 am- 10:30 am

Book by calling 01422 434971

or by sending us an email at:

familyhubs@regen.org.uk

Wednesday

Friends Group

6 week course with creche, for more information call 01422 434971

7th May - settling in creche 9:30 am - 10:30 am then 14th May & 21st May 4th/11th/18th June 9:30 - 11:30 am

Family Support Book-in with Czech language support

1:00 pm - 5:00 pm **Appointment Only**

Baby Clinic

9:00 am - 1:00 pm

Appointment only.

Call Locala 03003045076

ALTERNATIVE WEEKS

Breastfeeding Group

10:00 am - 11:30 am

Just come along, no need to book

Baby Clinic

12:30 pm - 3:00 pm

Appointment only

Please call Locala on

03003045076

ALTERNATIVE WEEKS

Thursday

Baby Clinic 9:00 am - 5:00 pm

Appointment only

Call Locala on 03003045076

Well Baby Drop-in Clinic

9:30 am - 11:30 am (Last entry 11:30 am) Baby weighing, advice, support

Latch Clinic

Stay and Play

To book an appointment call Locala on 03003045076

Baby Group

1:00 pm - 2:30 pm

Friday

Stay and Play

9:30 am - 11:00 am

Just come along, no need to

book

(term time only)

Housing Support Book-In

9:30 am - 12:30 pm

Appointment only

Specifically for residents of

Park Ward who are seeking

support with housing or

benefits

Just come along, no need

9:15 am - 10:45 am Just come along, no need to

book (term time only)

Family Support Book-in

11:00 am - 3:00 pm

Appointment only Call 01422 434971 to book.

Baby and Toddler Group

9:30 am - 11:00 am Open to children aged

0 - 5 years Just come along, no need to book (term time only)

to book

Ready Steady Nursery

1:00 pm - 2:30pm 9th /16th/23rd/30th June & 7th July & 14th July See flyer overleaf

Family Support Book-in

1:00 pm - 5:00 pm **Appointment only**

Baby Clinic

9:30 am - 3:00 pm Appointment only Call Locala

0300 3045 076

Well Baby Drop-in 9:30 am - 11:30 am

(Last entry 11.30 am)

Baby Group

1:30 pm - 3:00 pm Just come along, no need to book

Stay and Play

1:30 pm - 3:00 pm Just come along, no need to book (term time only)

Fun4Youths Youth Group 4:00pm - 6:00pm

(term time only) please see group description



Saturday

Family Fun Time

Alternate Venues See flyer overleaf 2nd Saturday of every month 10:00 am - 12 noon (0 - 8 years)

Group Descriptions

Baby Clinic: Meet your health visitor for baby weighing or to discuss your baby's health. Appointment only.

Please call Locala on: 0300 3045076.

Family Support Book-in: You can make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-Ins are held, face to face at the hubs, via appointment only. To book call 01422 434971.

Circle of Security **Parenting Course**

For parents and caregivers of children aged 4 months to 6 years. Based on extensive research, it focuses on understanding children's behavior and emotions, enhancing development and self-esteem, managing emotions, and strengthening bonds.

Fun4Youths: A weekly (term time only) youth group for children aged 7 - 11 years, To find out more please call Farzana Kousar on 01422 252022 or email farzana.kousar@regen.org.uk for a referral form.

For Midwife appointments and non-urgent enquiries/first point of contact/newly pregnant call 01484 355754 between 9 am - 5 pm Monday - Friday.

To register your pregnancy please visit:

www.mypregnancynotes.com To contact the Health Visiting Team, call 0300 3045076

