



What's On?  
Autumn/Winter  
Term 2025



Calderdale & Ryburn  
Family Hubs



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Calderdale



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## ★ SHINING STARS ★

Support group for SEN children under the age of 5 and their families



An interactive stay and play for children with identified additional needs. Valuing inclusivity, individuality, diversity and equality for all.

Join in the fun, meet other families in a safe, stimulating and secure environment.

Support and advice monthly from specialist, dedicated inclusion worker.

**Running the first Saturday of every month  
10am-11.30am**

## Upcoming Groups

**Saturday 6<sup>th</sup> September**  
Wellholme Park Family Hub & Nursery

**Saturday 4<sup>th</sup> October**  
Elland Family Hub & Nursery

**Saturday 1<sup>st</sup> November**  
Wellholme Park Family Hub & Nursery

**Saturday 6<sup>th</sup> December**  
Elland Family Hub & Nursery

**Running the first Saturday of every month  
10am-11.30am**

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## Baby and Toddler Group

**Every Monday  
9.30am-11am**

At the Southgate Methodist Church  
Langdale Street, Elland  
HX5 0JL

First session free then £1.50



No need to book just turn up!  
For further information call 01422 266197

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## Ready, Steady Nursery



Ready Steady Nursery provides support and encouragement so your child can reach all of these goals in a happy and engaging atmosphere in preparation for them starting nursery/pre-school.

- Is your child aged 2 – 3 years and due to start nursery/pre-school?
- Does your child need support going to the toilet, dressing themselves, sitting and listening to a story?
- Do they need assistance with a knife and fork, or do they struggle to share and turn take?

Sessions will run:  
Little Stars Family Hub  
Monday 10<sup>th</sup> November – 15<sup>th</sup> December  
1:00 – 2:30 PM

Please call:  
01422 252022  
for enquiries and  
to book your place

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## Sensory Play for Babies with Breastfeeding Support

Sensory play is incredibly beneficial for babies' development, as it engages the senses and supports growth in several key areas, including language, cognitive, and social development. Plus, it is great fun!

So come along and join us in a relaxed and friendly environment for some sensory fun, where you can also access information around getting breastfeeding off to a good start, socialise, and have a chat with other breastfeeding families. There will also be an opportunity to access any support and advice that you may need from our experienced peer supporters.

Jubilee Family Hub - Tuesdays - 12 – 1:30 pm  
Boothtown Family Hub - Wednesdays - 10:00 – 11:30 am

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## October Half Term

Come and join us this half term and enjoy our 'Spookyfest' themed play!

Wednesday 29<sup>th</sup> October 1:15 pm – 2:45 pm  
Todmorden College Hall, Burnley Road, OL14 7BX

Thursday 30<sup>th</sup> October 1:15 pm – 2:45 pm  
Little Stars Family Hub, Parkinson Lane, Halifax, HX1 3XL



For more information call:  
01422 252022 or  
01706 399970

Lots of spooky themed activities such as – spooky arts and crafts, gory messy play and games for families with children aged 0 – 8 years old.

Children (and parents) are welcome to come in fancy dress!

No need to book - just turn up!

Spooky face painting will be available at some events with a small charge of 50p

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## CIRCLE OF SECURITY PARENTING COURSE

**Elland Family Hub**

**8 week course (1 week break for half term)**

**Starts Tuesday 16<sup>th</sup> September until Tuesday 11<sup>th</sup> November  
9.30am – 11am**

The Circle of Security course aims to help you view situations from your child's perspective, to further understand their feelings and emotions.

Our course equips you with both practical and emotional tools to support your child's development, mental health, and well-being, by promoting positive and nurturing behaviours.


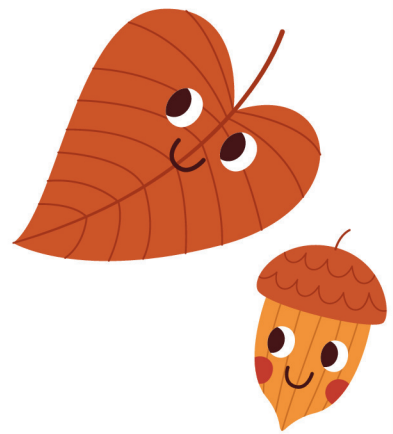





Our courses are beneficial for those who are struggling with parenting challenges or those wishing to enhance already strong relationships.

For further information please contact Kristina Waite or Helen Ronald 01484 386621 or email [kristina.waite@nhpltd.org.uk](mailto:kristina.waite@nhpltd.org.uk).  
To book your place please scan the QR code.





# Calder & Ryburn Family Hubs Autumn/Winter Wall Planner 2025

Group Descriptions	Family Hub	Monday	Tuesday	Wednesday	Thursday	Friday	Group Descriptions
<b>Elland Baby &amp; Toddler</b> Suitable for children 0-5 years. Fun sessions to help support your child's development. Each session will be themed differently. No need to book just turn up. Cost—£ 1.50 (first session free) Call 01422 266197 for further information.	<b>Sowerby Bridge</b> St Paul's Church Tower Hill, Sowerby Bridge, HX6 2EQ 		<b>Stay &amp; Play</b> 9:30 am - 11:00 am Just come along No need to book (0-5 years) <b>Term time only - free</b>		<b>NEW Well Baby Drop-in</b> 09:30 am - 11:30 am Just come along, no need to book  <b>Baby Group</b> 10:00 am - 11:30 am No need to book, just come along (0 - 2 years) Free	<b>Friends Group</b> 9:30 am – 11:30 am Begins 07/11/25 (settling in creche) 9:30 am – 10:30 am Finishes 12/12/25 Call 01706399976 to find out more	<b>Lower Valley Family Support Team—Advice Line</b> If you need advice, information and support please ring 01484 386621 and a member of the team will call you back on either a Monday or a Friday.
<b>Baby &amp; Me Massage</b> 5 weeks Baby and Me sessions followed by 5 weeks Baby Massage facilitated by an IAIM facilitator Appropriate for babies under 6 months.  <b>Shining Stars</b> Support group for SEN children and their families. Call 01484 714768 to book a place.  <b>Friends Group</b> Join our rolling programme aimed at women in Calderdale, different topic each week inc wellbeing. Call 01706 399970.	<b>Elland</b> Boxhall Road, Elland, HX5 0BB    Visit Calderdale Family Hubs website	<b>Baby &amp; Toddler Group</b> 9:30 am—11:00 am Held at Southgate Methodist Church Langdale Street, Elland HX5 0JL No need to book just turn up Cost—£ 1.50 (first session free)  <b>Lower Valley Family Support Team – Advice Line</b> Please see 'group descriptions' for more information.	<b>Circle of Security</b> Starts 16 <sup>th</sup> September until 11 November 2025 9.30am – 11.30am at Elland Family Hub See flyer overleaf.  <b>Strengthening Families, Strengthening Communities</b> Starts 9 <sup>th</sup> September until 9 <sup>th</sup> December 2025 9.30 am - 12.30 pm at Elland Community Hub See flyer overleaf	<b>Antenatal Clinic</b> All day <b>Appointment only</b> call 01484 355731  	<b>Antenatal Clinic</b> All day <b>Appointment only</b> call 01484 355731  <b>Child Health Clinic</b> Suitable for children under five. <b>Appointment only</b> Call 03003045076  	<b>Lower Valley Family Support Team—Advice Line</b> Please see 'group descriptions' for more information.  <b>Saturday</b>  <b>Shining Stars Support group for SEN children and their families</b> Please see dates on flyer overleaf  	<b>Stay &amp; Play</b> A rolling programme of fun-filled activities for families, includes messy play, free play and singing time.  <b>Baby Group</b> A weekly supportive group with lots of fun activities to support baby's development. No need to book—just come along!  <b>Well Baby Drop-in</b> Meet your health visitor for baby weighing or to discuss your babies health. Call Locala 03003045076