



# **Upcoming Groups**

# Shining stars

Saturday 7<sup>th</sup> June Elland Family Hub

Saturday 5<sup>th</sup> July Wellholme Park Family Hub



Running the first Saturday at every month 10am-11.30am





Family Hubs Summer Wall Planner 2025

Group Descriptions	Family Hub	Monday	Tuesday	Wednesday	Thursday
Elland Baby & Toddler Suitable for children 0-5 years. Fun sessions to help support your child's development. Each session will be themed differently. No need to book just turn up. Cost—£ 1.50 (first session free) Call 01422 266197 for further information.	Sowerby Bridge St Paul's Church Tower Hill, Sowerby Bridge, HX6 2EQ		Stay & Play 9:30 am - 11:00 am Just come along No need to book (0-5 years) Term time only - free Friends Group Settling In Creche – 3 <sup>rd</sup> June 1:00 pm – 2:00 pm then 10 <sup>th</sup> June – 8 <sup>th</sup> July		Well Baby Drop-in 09:30 am - 11:30 am Just come along, no need to book Baby Group 10:00 am - 11:30 am No need to book, just come along (0 - 2 years) Free
<ul> <li>Baby &amp; Me Massage</li> <li>5 weeks Baby and Me</li> <li>sessions followed by 5</li> <li>weeks Baby Massage</li> <li>facilitated by an IAIM</li> <li>facilitator</li> <li>Appropriate for babies</li> <li>under 6 months.</li> </ul> Shining Stars Support group for SEN <ul> <li>children and their</li> <li>families. Call</li> <li>01484 714768 to book a</li> <li>place.</li> </ul> Friends Group Join our rolling <ul> <li>programme aimed at</li> <li>women in Calderdale,</li> <li>different topic each</li> <li>week inc wellbeing. Call</li> </ul>	Elland Boxhall Road, Elland, HX5 OBB	Baby & Toddler Group 9:30 am–11:00 am Held at Southgate Methodist Church Langdale Street, Elland HX5 OJL No need to book just turn up Cost–£ 1.50 (first session free) Kower Valley Family Support Team–Advice Line Please see 'group descriptions' for more information.	Friends Group 9.30 am – 11.00 am @ Elland Family Hub every Tuesday from Tuesday 22 <sup>nd</sup> April until Tuesday 15 <sup>th</sup> July (no session on 27 <sup>th</sup> May due to Spring break) – To find out more or book a place please contact Kristina.Waite@nhpltd.or g.uk	Elland Family Hub. To find out more or to	Antenatal Clinic All day Appointment only Call 01484 355731 Child Health Clinic Suitable for children under five. Appointment only Call 03003045076



## halifax opportunities trust

## Friday



**Lower Valley Family** Support Team—Advice Line Please see 'group descriptions' for more information.

## **Saturday**

**Shining Stars** Support group for SEN children and their families Please see dates on flver overleaf



### Group Descriptions

Lower Valley Family Support Team—Advice Line

If you need advice. information and support please ring **01484 386621** and a member of the team will call you back on either a Monday or a Friday.

#### Stay & Play

A rolling programme of fun-filled activities for families, includes messy play, free play and singing time.

#### **Baby Group**

A weekly supportive group with lots of fun activities to support baby's development. No need to book-just come along!

Well Baby Drop-in Meet your health visitor for baby weighing or to discuss your babies health. Call Locala 03003045076