



Upper Valley Family Hubs



October Half Term

Come and join us this half term and enjoy our 'Spookyfest' themed play!

Wednesday 29th October 1:15 pm – 2:45 pm
Todmorden College Hall, Burnley Road, OL14 7BX

Thursday 30th October 1:15 pm – 2:45 pm
Little Stars Family Hub, Parkinson Lane, Halifax, HX1 3XL



For more information call:
01422 252022 or
01706 399970

Lots of spooky themed activities such as – spooky arts and crafts, gory messy play and games for families with children aged 0 – 8 years old.

Children (and parents) are welcome to come in fancy dress!

No need to book - just turn up!

Spooky face painting will be available at some events with a small charge of 50p



Jubilee Family Hub, Lightowler Road, Halifax HX1 5NB
Tel: 01422 342552 Website: www.halifaxopportunitiestrust.org.uk

children & families

Family FUN Time

Saturday 13th September @ Little Stars Family Hub
Saturday 4th October @ Todmorden Health Centre
Saturday 15th November @ Little Stars Family Hub
Saturday 13th December @ Boothtown Family Hub

Come and join us for lots of free fun activities for all the family. There will be creative activities, messy play, games, music and much more. Dads and male carers are welcome. Suitable for families with children age 0-8 years old.

All children must be accompanied by an adult. For more information please call Little Stars Family Hub 01422 252022 or Todmorden on 01706 399970.

STAND

Support. Together. Around. Neuro . Divergence

NEW! Coffee Morning every Friday for parent/carers

We are hosting a coffee morning for parents and carers of children who are Neurodivergent, whether diagnosed or not, to come together and offer each other practical advice and emotional support for navigating parenting of their children.

Please note this group is for parents/carers only

Come and join us...

When: Fridays, term time only, 10:00 - 11:00 am
Where: Todmorden Family Hub, Todmorden Learning Centre & Community Hub, Burnley Road, OL147BX

Ready, Steady Nursery

Ready Steady Nursery provides support and encouragement so your child can reach all of these goals in a happy and engaging atmosphere in preparation for them starting nursery/pre-school.

- Is your child aged 2 – 3 years and due to start nursery/pre-school?
- Does your child need support going to the toilet, dressing themselves, sitting and listening to a story?
- Do they need assistance with a knife and fork, or do they struggle to share and turn take?

Sessions will run:
Todmorden Health Centre
1:00 pm – 2:30 pm
Friday 14th November – 19th December 2025

Please call:
01706 399970
for enquiries and to book your place

Could You be a parent champion?

We are recruiting Parent Champions for our Family Hubs in Central Halifax, Boothtown, Siddal, Sowerby Bridge and Upper Valley,

For more information please contact Kausar Shahid, Community Advancement Manager on 01422 342552

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children & families

STRENGTHENING FAMILIES, STRENGTHENING COMMUNITIES

This course focuses on **improving relationships** within the family as well as tried and tested strategies for improving behaviour and **helping your child reach their full potential.**

Want to find out more?
Contact: **01706 399976**

children & families

Circle of Security

Courses for parents

Circle of Security is a free course for parents and caregivers of children aged 4 months to 6 years. Based on extensive research, it focuses on understanding children's behavior and emotions, enhancing development and self-esteem, managing emotions, and strengthening bonds. This course is ideal for those facing parenting challenges, or those simply wanting to learn and improve already strong relationships.

Our courses takes place over 8 short 1.5hour sessions.
Complimentary creche facilities are available in some of our locations.

Sign up today to take part in Circle of Security at your local Family Hub!

Upper Calder Valley Family Hubs Autumn/Winter Wall Planner 2025

Group Descriptions

Baby Group (0-24 months):
A weekly supportive group with lots of fun activities to support baby's development. No need to book—just come along!

Family Fun Time: Free and fun activities for all the family! Suitable for families with children aged 0-8 years old. Creative activities, messy play, games, music and more! Runs on alternate Saturdays.

Breastfeeding Groups (online and face-to-face):
For advice and support with breastfeeding in a relaxed setting with experienced peer supporters.

The Latch Clinic:
The Latch Clinic has been set up to offer support If you are struggling to latch your baby for a breastfeed, you are experiencing pain, or wondering if you have enough breast milk. Appointments are face-to-face and on a one-to-one basis.

Family Support Book-in:
Make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-Ins are held, face to face at the hubs, via appointment only. To book call 01706 399976.

* This group will not run during school holidays

 @TodmordenFamilyHub

Hub

Monday

Tuesday

Wednesday

Thursday

Friday

Mytholmroyd

St Michael's Church Hall,
Church Street,
Mytholmroyd,
HX7 5DS

Baby & Toddler Group*
term-time only
1:30 pm - 3:00 pm
Just come along
No need to book
(0-5 years)



Todmorden

Todmorden Family Hub
Todmorden
Learning Centre &
Community Hub
Burnley Road,
Todmorden,
OL14 7BX
Tel: 01706
399970

Todmorden Health Centre,
Lower George
Street, Todmorden,
OL14 5RN
(2nd Floor)



Support Along the Spectrum
Todmorden Health Centre
1:00 pm - 2:00 pm
starting 09/09/25 for 6 weeks, ends on 21/10/25
Call 01706 399976 for more details

Friends Group
Todmorden Family Hub
1:30 pm - 3:00 pm
02/09/25 for 5 week with creche (1st week settling in creche) Finishes on the 30/09/25
Call 01706 399976 for more details

Support Along the Spectrum
Todmorden Health Centre
5:00 pm - 6:00 pm
Starting 04/11/25 for 6 weeks, ends 09/12/25
Call 01706 399976 for more details

Family Support Book In
Todmorden Family Hub
9:00 am - 12 noon
Call 01706 399976 to book an appointment

The Latch Clinic
10:00 am - 1:00 pm
Appointment only
Please call Locala on 03003045076

Stay & Play*
term-time only
Todmorden Health Centre
1:30 pm - 3:00 pm
Just come along
No need to book
(0-5 years)



Breastfeeding Group
Todmorden Health Centre
10:00 am - 12 noon
No need to book, just come along.

Thriving Children, Thriving Families
Todmorden Health Centre
1:30 pm - 2:30 pm
Starts 18/09/25 for 6 weeks finishing 23/10/25
Call 01706 399976 for more details

Circle of Security Parenting
Todmorden Family Hub
6:00 pm - 7.30 pm
Free 8-week course for caregivers of children aged 4 months - 6 years to help connect with your children. Begins Thursday 02/10/25
Term Time only
Ends on 27/11/25 (no crèche facilities)
Call 01706 39976 for more details

Baby Clinic
Todmorden Health Centre
drop-in
9:00 am - 11:00 am

Baby Group
Todmorden Health Centre
9:30 am - 11:00 am
No need to book, just come along (0 - 2 years)

Breastfeeding Group (Online via Zoom)
1:00 pm - 2:00 pm
Please call 01706 399970 to be sent a link

Saturday

Family Fun Time
See flyer over leaf
2nd Saturday, alternate months.
10:00 am - 12 pm
No need to book, just come along (0-8 years)

Group Descriptions

Stay and Play (0-5 yrs):
A rolling programme of fun-filled activity sessions for families, includes messy play, free play and singing time.

Ready, Steady Nursery:
See flyer overleaf

Strengthening Families, Strengthening Communities:
This course focuses on improving relationships within the family as well as tried and tested strategies for improving behaviour and helping your child reach their full potential. Please contact our team on 01706 399976 for more info.

Support Along the Spectrum:
6-week programme aimed at supporting families where neurodiversity is a factor. All parents welcome to attend, play and learn environment for primary-aged children to come along too.

Circle of Security Parenting:
By the end of the course you will learn to understand your child's emotions, support them to manage their emotions, enhance their self-esteem, help your child to form secure attachment to you.

Friends Group
Join us and other parents, while your child is looked after by Early Years experts, and learn mental well-being, stress and anxiety reduction strategies, mindfulness and more.