



UPPER VALLEY
CALDER VALLEY
FAMILY HUBS



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Family Hubs

Could You be a parent champion?

We are recruiting Parent Champions for our Family Hubs in Central Halifax, Boothtown, Siddal, Sowerby Bridge and Upper Valley,

For more information please contact Kausar Shahid, Community Advancement Manager on 01422 342552



Jubilee Family Hub, Lightowler Road, Halifax HX1 5NB
Tel: 01422 342552 Website: www.halifaxopportunitiestrust.org.uk

children & families



Family Hubs
Calderdale



Breastfeeding

Come along and join us in a relaxed and friendly environment where you can access information around getting breastfeeding off to a good start, or maybe just to socialise and have a general chat with other breastfeeding families. There will also be an opportunity to access any support and advice that you may need from our experienced peer supporters.

Tuesday 12:00noon - 1:30pm @ Jubilee Family Hub, Lightowler Road, HX1 5NB
Wednesday 10:00am - 11:30am @ Boothtown, Rawson Street North, HX3 6PU
Thursday 10:00am - 12:00noon @ 2nd Floor Todmorden's Health Centre, Lower George Street, Todmorden, OL14 5RN
Friday 1:00pm - 2:00pm via Zoom - Call 01706 399970 to be sent a link



children & families

Visit: calderdalefamilyhubs.org.uk
www.halifaxopportunitiestrust.org.uk



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Family FUN Time

Todmorden College Hall - 7th June - 10 am - 12 noon
The Outback Garden, Lightowler Rd - 21st June - 1 pm - 3 pm
Todmorden College Hall - 13th July - 10 am - 12 noon
Little Stars Family Hub - 13th September - 10 am - 12 noon

Come and join us for lots of free fun activities for all the family. There will be creative activities, messy play, games, music and much more. Dads and male carers are welcome. Suitable for families with children age 0-8 years old.

All children must be accompanied by an adult. For more information please call Little Stars Family Hub 01422 252022 or Todmorden on 01706 399970.



Ready Steady Nursery provides support and encouragement so your child can reach all of these goals in a happy and engaging atmosphere in preparation for them starting nursery/pre-school.

- Is your child aged 2 - 3 years and due to start nursery/pre-school?
- Does your child need support going to the toilet, dressing themselves, sitting and listening to a story?
- Do they need assistance with a knife and fork, or do they struggle to share and turn take?

Sessions will run:
Todmorden Health Centre
Wednesday 11th June - Wednesday 16th July 2025
9.30 am - 11 am

Please call:
01706 399970
for enquiries and
to book your place



Summer Holiday Activities Around the World Theme

	Week 1 Egypt	Week 2 Australia	Week 3 Turkey	Week 4 Italy
Tuesday	Peoples Park, Halifax, HX1 2HH 29 th July 1:15 pm - 2:45 pm	Calder Holmes Park, Hebden Bridge, HX7 6HJ 5 th August 10.30 am - 12 noon	Peoples Park, Halifax, HX1 2HH 12 th August 1:15 pm - 2:45 pm	Calder Holmes Park, Hebden Bridge, HX7 6HJ 19 th August 10:30 am - 12 noon
Wednesday	Centre Vale Park, Todmorden, OL14 7BS 30 th July 10:30 am - 12 noon	Crow Wood Park, Sowerby Bridge HX6 2SJ 6 th August 10.30 am - 12 noon	Centre Vale Park, Todmorden, OL14 7BS 13 th August 1:15 pm - 2:45 pm	Crow Wood Park, Sowerby Bridge HX6 2SJ 20 th August 10:30 am - 12 noon
Thursday	Siddal Rugby Club, Halifax, HX3 9AX 31 st July 1.15 pm - 2.45pm	Akroyd Park, Boothtown, HX3 6HS 7 th August 10.30 am - 12 noon	The Outback Garden, Lightowler Rd, HX1 5NB 14 th August 1:15 pm - 2:45 pm	Akroyd Park, Boothtown, HX3 6HS 21 st August 10:30 am - 12 noon

Lots of FREE fun for families with children aged 0 - 8 years old including craft, sensory and messy play activities .

For more information call us on 01422 252022 or 01706 399970.

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Face painting will be available at some events with a small charge of 50p per child



Come and join us this Spring Bank and enjoy our 'Construction' themed play!

Wednesday 28th May, 1 pm - 2:30 pm
Centre Vale Park, Todmorden, OL14 7BS

Thursday 29th May, 1 pm - 2.30 pm
People's Park, Halifax, HX1 2HH

Lots of fun, FREE and exciting craft, messy and physical activities for families with children aged 0 - 8 years old
No need to book - just turn up!

Face painting will be available at some events with a small charge of 50p

For more information call: 01422 252022 or 01706 399970

Upper Calder Valley Family Hubs

Summer Wall Planner 2025

Group Descriptions

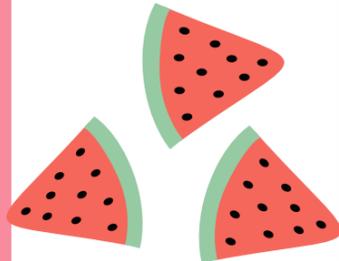
Baby Group (0-24 months): A weekly supportive group with lots of fun activities to support baby's development. No need to book—just come along!

Family Fun Time: Free and fun activities for all the family! Suitable for families with children aged 0-8 years old. Creative activities, messy play, games, music and more! Runs on alternate Saturdays.

Breastfeeding Groups (online and face-to-face): For advice and support with breastfeeding in a relaxed setting with experienced peer supporters.

The Latch Clinic: The Latch Clinic has been set up to offer support if you are struggling to latch your baby for a breastfeed, you are experiencing pain, or wondering if you have enough breast milk. Appointments are face-to-face and on a one-to-one basis.

Family Support Book-in: Make an appointment to speak to a Family Support Worker for confidential support and advice on family issues. Book-Ins are held, face to face at the hubs, via appointment only. To book call 01706 399976.

Hub	Monday	Tuesday	Wednesday	Thursday	Friday
Mytholmroyd St Michael's Church Hall, Church Street, Mytholmroyd, HX7 5DS	Baby & Toddler Group term-time only 1:30 pm - 3:00 pm Just come along No need to book (0-5 years)				
Todmorden Todmorden Family Hub, Todmorden Learning Centre and Community Hub Burnley Road, Todmorden, OL14 7BX Tel: 01706 399970			Family Support Book In 9:00 am – 12:00pm Call to book an appointment on 01706 399976	Breastfeeding Group Todmorden Health Centre 10:00 am - 12 noon No need to book, just come along.	Baby Clinic Todmorden Health Centre drop-in 9:00 am - 11:00 am
Todmorden Health Centre, Lower George Street, Todmorden, OL14 5RN (2nd Floor) 		Ready Steady Nursery Todmorden Health Centre 9:30 am – 11:00 am For children aged 2 - 3 11 th June – 16 th July	The Latch Clinic 10:00 am - 1:00 pm Appointment only Please call Locala on 03003045076		Baby Group Todmorden Health Centre 9:30 am - 11:00 am No need to book, just come along (0 - 2 years)
			Stay & Play term-time only Todmorden Health Centre 1:30 pm - 3:00 pm Just come along No need to book (0-5 years)		Breastfeeding Group (Online via Zoom) 1:00 pm - 2:00 pm Please call 01706 399970 to be sent a link
					Saturday Family Fun Time See flyer over leaf 2nd Saturday, alternate months. 10:00 am - 12 pm No need to book, just come along (0-8 years)

Group Descriptions

Stay and Play (0-5 yrs): A rolling programme of fun-filled activity sessions for families, includes messy play, free play and singing time.

Ready, Steady Nursery: See flyer overleaf

Strengthening Families, Strengthening Communities: This course focuses on improving relationships within the family as well as tried and tested strategies for improving behaviour and helping your child reach their full potential. Please contact our team on 01706 399976 for more info.

Support Along the Spectrum: 6 week programme aimed at supporting families where neurodiversity is a factor. All parents welcome to attend, play and learn environment for primary aged children to come along too.

Circle of Security Parenting By the end of the course you will learn to understand your child's emotions, support them to manage their emotions, enhance their self-esteem, help your child to form secure attachment to you.