

# Chaii, Muskurahat aur Umeed

## Tea, Smiles & Hope



Join our new women's health group — a relaxed space to chat, connect, and learn about health topics that matter to you.



**When:** First Friday of every month (Time TBC)



**Where:** Urth Café, Broadway, Halifax

Hosted by two local GPs, each session focuses on a different women's health topic in a friendly, supportive, and confidential setting.



Enjoy open conversations, meet other women in the community!

RSVP and  
you'll get  
a FREE cup  
of tea!

#AikCupChayeKaySathSehatKiBaat  
(Health talk over a cup of tea)

RSVP: [calderdalecanceraware@regen.org.uk](mailto:calderdalecanceraware@regen.org.uk)