



Join us for

Sports Day at The OutBack

THURSDAY 28TH MAY , 2 PM - 3.30 PM

Join us for our inclusive sports day, delivered by **Calderdale Cancer Aware** and **The Outback**, which welcomes **all ages and abilities**, with adaptable activities so everyone can join in comfortably.

It's all about helping the **local community get active, build confidence and have fun together in a supportive environment.**

ACTIVITIES

- Tug of War
- Basketball on the courts painted by Active Calderdale
- Egg and Spoon Race

PRIZES

Prizes will be given to participants and winners to encourage involvement and celebrate effort.

REFRESHMENTS

- Sliced fruit
- Popcorn (for protein/snacking)



Please remember to wear sun cream and dress appropriately for outdoor physical activities.

Log your movement
s here

